



The Center for Mindful Exploration

1111 Mooty Bridge Road, Ste A / PO Box 800154 / LaGrange, GA 30240
susan@mindfulx.site / 706-443-5433 / fax: 844-843-2957 / www.mindfulx.site

INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about our decision (yours and mine) to resume in-person services in light of the COVID-19 public health crisis. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

Decision to Meet Face-to-Face

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if I believe it is necessary, I may determine that we return to telehealth for everyone's well-being. If you decide at any time that you would feel safer staying with, or returning to, telehealth services, I will respect that decision, as long as it is feasible and clinically appropriate. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue we may also need to discuss.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

Your Responsibility to Minimize Your Exposure

To help keep everyone (you, me, and our families, [my other staff] and other patients) safer from exposure, sickness and possible death, we encourage you to adhere to the following:

- Only keep your in-person appointment if you are symptom free. You agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, the cancellation fee will be waived.
- Wait in your car or outside. Your therapist will call or text you when it is time for you to come in.
- Wash your hands or use alcohol-based hand sanitizer when you enter the office.
- Adhere to the safe distancing precautions we have set up in the waiting room.

- Wear a mask in all areas of the office, if possible.
- Keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with me [or staff].
- Try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands.
- If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing protocols.
- If you have a job that exposes you to other people who are infected, you will immediately let me [and my staff] know.
- If a resident of your home tests positive for the infection, you will immediately let me [and my staff] know and we will then [begin] resume treatment via telehealth.

I may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

My Commitment to Minimize Exposure

My practice has taken steps to reduce the risk of spreading the coronavirus within the office and we have posted our efforts on our website and in the office. Please let me know if you have questions about these efforts.

If You or I Are Sick

You understand that I am committed to keeping you, me, [my staff] and all of our families safe from the spread of this virus. If you show up for an appointment and I [or my office staff] believe that you have a fever or other symptoms, or believe you have been exposed, I will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate. If I [or my staff] test positive for the coronavirus, I will notify you so that you can take appropriate precautions.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, I may be required to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. Our office may also have to report the positive test to other clients and office staff to make them aware of potential exposure to the virus in our office. I will not provide any of your identifying information, if it becomes necessary to alert office staff and clientele about a positive test. By signing this form, you are agreeing that I may do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent/business agreement that we agreed to at the start of our work together. Your signature below shows that you agree to these terms and conditions.

Patient/Client

Date

Counselor

Date